

# Join our virtual Healthy Cooking with Your Kids Series

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## You will learn how to:

- Prepare a well-balanced meal
- Have fun while cooking
- Learn how to meal plan

## Join us:

February 25, 2021 • 3:30 P.M.

## Log into Zoom with the link below

<https://zoom.us/j/92478115686?pwd=QmZiSDdBMTJTM01ySTZF0EwwZHRJUT09>

## Fruity Chicken Salad Pita

### *Ingredients*

- 8 thin slices cooked turkey
- 4 flour tortillas (6 inches), room temperature
- 1 large tomato, thinly sliced
- 1 medium green pepper, cut into thin strips
- 1 cup shredded lettuce
- 1 cup shredded cheddar cheese
- 1/3 cup ranch salad dressing